The AIIHPC Palliative Care Research Network was formed in 2012 and includes members from academic and practice settings across the island of Ireland, promoting partnership and high quality research in palliative care. The KINDLE Project aims to identify and communicate key findings from across the research projects being completed by members of the PCRN. The goal is to share learning with researchers, practitioners and policy makers, as well as with people receiving palliative care services and their families. In total, the KINDLE Project gathered 142 records from across 22 different research projects, carefully reviewed the material with support from independent experts and reflection groups, to identify the four key messages for professionals in palliative care. The findings of the KINDLE Project are presented below.

**Patient Needs**

Addressing the needs of patients while recognising the caregiver role. "It assumes that families have the resources and affective capacity to care for a person at the end of life at home."

**Supporting Carers**

"Translating different types of knowledge to different ‘palliative care providers […] could be used in hospital, community and home based PC and future research.”

**Need for Research**

Lack of Assessment Tools

Importance of KTE

This theme highlights the need to recognise that both patients and carers can have complex and differing needs, and that it is important that information that is relevant to their needs is accessible to both patients and those caring for them, when they need it.

**Collaborative /Integrated Services**

Community Support and Care

Inequality of Services

**Equal access to Connected Services**

"This ensures that complexity of needs does not automatical dictate the setting of care.”

**General and specific needs in Palliative Care Research**

"Translating different types of knowledge to different ‘palliative care providers […] could be used in hospital, community and home based PC and future research.”

**Challenges in Palliative Care Research**

"The low response rate limits the generalisability of the results to the population as a whole."

**General Challenges**

Low Participation

**Inequality of Services**

This theme highlights the need for palliative and end of life care services that are integrated and collaborative, and the importance of support and care in the community. It also highlights the potential for inequalities in access to appropriate care.

This theme highlights the general difficulties researchers experience when conducting research on a sensitive topic. In particular, this finding highlighted the challenge of low participation in palliative care studies, which can undermine the credibility of the research.

This theme highlights the need for research that is positioned to inform service delivery. Two specific issues identified were the lack of assessment tools in this area and the importance of effective methods of communicating research findings.

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www.professionalpalliativehub.com